



## Important UWE Services (for Signposting Students):

### **Student Support Advisers:**

- <https://www.uwe.ac.uk/study/study-support/student-support-advisers>

### **Assessment Support Options:**

- <https://www.uwe.ac.uk/study/academic-information/personal-circumstances>

### **General Health & Wellbeing:**

- <https://www.uwe.ac.uk/life/health-and-wellbeing>

### **Personal Wellbeing Support:**

- <https://www.uwe.ac.uk/life/health-and-wellbeing/get-wellbeing-support>
- Use this weblink to access counselling and mental health support for registered students who need to explore their difficulties in more depth using solution-focused methods. The Wellbeing Service provides structured, appointment-based support.
- T: [+44 \(0\)117 32 86268](tel:+441173286268)  
E: [wellbeing@uwe.ac.uk](mailto:wellbeing@uwe.ac.uk)

### **Out of Hours Wellbeing Support:**

- If a student has an issue and it's between 19:00 and 07:00 or on the weekend, signpost them to ring the out of hours team. They can help the student get the answers they need.
- T: [07814791212](tel:07814791212)  
E: [outofhours@uwe.ac.uk](mailto:outofhours@uwe.ac.uk)

### **24/7 Crisis Textline:**

- Shout 24/7 Crisis Textline is a service that offers support via text to UWE Bristol students experiencing a mental health crisis.
- T: [Text 'UWE' to 85258](text:UWE%20to%2085258)

**Disability Support:**

- <https://www.uwe.ac.uk/life/health-and-wellbeing/get-disability-support>

**Accommodation:**

- <https://www.uwe.ac.uk/life/accommodation>

**Finance:**

- <https://www.uwe.ac.uk/life/money-and-finance/student-money-service>

**Study Skills:**

- <https://www.uwe.ac.uk/study/study-support/study-skills>

**Library:**

- <https://www.uwe.ac.uk/study/library>